

# My Story

## **In July 2001 I qualified as a Radiographer from Birmingham City University.**

In March 2002, I joined Good Hope Hospital NHS Trust, as a Band 5 Radiographer. I found the smaller team very friendly, helpful and welcoming.

In January 2003, I was supported by the department to undertake the IV cannulation course.

Shortly after this in September 2003, I was supported through the Link Grade system by my mentor and was promoted to a Band 6, where I began to develop into a more supervisory role, offering guidance to more junior members of staff.

In 2004 I then began regularly rotating into Nuclear Medicine. Within this area my skills diversified. I have learnt how to dispense and inject radio-isotopes, book appointments and perform many nuclear medicine examinations.

As-well as regular in house CPD lectures I have been able to attend some external study days including Chest and Paediatrics. I was given the opportunity to start some formal post graduate studies at Birmingham City University. I have undertaken the Forensic module. This allows me to supervise more junior staff members when undertaking forensic examinations, applying specific and formal legal guidelines.

I have also attended the mentoring course at Birmingham City University

In 2004-2006.I continued with my post graduate education as I undertook more modules at Birmingham City University; MRI applications, Ethical and Legal Studies of Advanced Practice, and a Paediatric module.

In January 2005 I was very fortunate to be able to take up the training position in Appendicular Skeletal Reporting. This was a professional goal I was hoping to achieve, and I was extremely pleased I was given the opportunity.

I qualified in March 2006.I then continued onto the Axial Skeletal Reporting Course, which I completed in March 2007. I was very lucky as I had a great and highly supportive established team of reporting Radiographers and Radiologist's to help me through. It was exceptionally challenging and motivating experience.

With my acquired skills I was able to contribute to CPD, communicating the knowledge I had obtained to my colleagues, and also to other members of staff from different disciplines.

Following the merger of Good Hope with the Heart of England NHS Foundation Trust, I have become part of a cross site radiographer reporting team, where I have gained a vast array of experience and diversity.

On a personal level, these qualifications have helped me achieve a Post Graduate Diploma in Skeletal Reporting, and have enabled me to gain promotion to a Band 7 Radiographer.

In order develop my managerial skills, in June 2008.I undertook a 3 month secondment at Heartlands Hospital working within the Nuclear Medicine department. I learned many new techniques and procedures, and dealt with many service users. I worked autonomously supervising the department for 2 weeks during the department leads' annual leave.

Currently my role at Band 7 level is expanding and developing within the plain film and general radiographic area. Currently I am involved in the organisation of a Recruitment Open Day for the Trust. This has all encompassing and has aided me in communication with many different groups of people and in the development of my IT skills.

With support from the management team, I am sure that I will be able to develop further and undertake other projects that will challenge and motivate me.

**Rachael White**  
Band 7 Radiographer

